

## **BHA Medical Department**

**Information for jockeys applying to the BHA for a GB Licence to Race Ride who have not been continuously resident in the UK for the last 12 months (first time applicants only)**

All applicants are required to provide sufficient medical information regarding their past medical history to enable the BHA Medical Department to make an informed decision about the rider's fitness to ride.

N.B. It is the sole responsibility of the applicant to provide the necessary information and **the BHA Medical Department will not be responsible for 'chasing up' reports from GPs or Specialists**

1/ you will have to complete the standard Declaration of Health Form and send it to the BHA Medical Department

2/ you will need to be registered with a GP near where you are based in the UK (referred to as your New GP – **NGP**)

3/ your NGP will have to complete the standard (4-page) Medical Report Form and send this directly to the BHA Medical Department when completed. There will normally be a charge for this.

Option a) if your NGP has obtained your previous medical records from your last GP practice, this should complete the process

Option b) if your NGP does not have access to your past medical records you will need to provide us details of your last doctor/GP (or whoever holds your medical records) by completing an 'Own Doctor's Report Form (Form 316)'

4/ Option b)

You will return the completed Own Doctor's Report Form (Form 316) to the BHA Medical Department and we will then write to your last medical practice to obtain details of your past medical history. This may be a doctor in Ireland or elsewhere overseas and may involve further action – obtaining reports from specialists or hospitals (see below)

5/ your old GP practice will respond to this request and charge the BHA a fee for this service. Under the provisions of the Access to Medical Records Act, it may take up to 28 days for this information to reach the BHA

6/ when all this information has reached the BHA Medical Department, the BHA Chief Medical Adviser (CMA), or his deputy, will review the medical file and make a recommendation to the BHA Licensing Committee regarding the application. This decision will be made with reference to the current BHA Medical Standards of Fitness to Ride which can be found on the BHA website -

[http://www.britishhorseracing.com/inside\\_horseracing/about/whatwedo/medical/default.asp#Fitness](http://www.britishhorseracing.com/inside_horseracing/about/whatwedo/medical/default.asp#Fitness)

If your health declaration, medical examination or records reveal evidence of a potential medical problem, the BHA CMA may request additional information from your NGP, your old GP or any specialist that you have consulted in the past. This may, in turn, delay the application process further so **make sure that you apply for your licence in plenty of time (at least 30 days before you intend to ride).**

**For queries, please contact:**

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